

As a Regional Vice President for Morrison Healthcare, Wendy Phillips oversees financial management and operational excellence for the food service department at Cleveland Clinic. Wendy has also worked for Morrison as a Division Director of Clinical Nutrition for the western division, integrating her previous clinical nutrition leadership with her current position. She has worked with Morrison's corporate operations and wellness/nutrition teams to lead a productivity analysis program and outcomes measurement studies for RDNs to ensure efficient and effective use of resources, and leads program development for ambulatory nutrition programs.

Wendy is a certified nutrition support clinician, a fellow of the Academy of Nutrition and Dietetics, and a certified lactation educator. She is a Nutrition Wound Care Certified clinician through the National Alliance of Wound Care and Ostomy.

### **CONTACT INFORMATION**

434-305-0203 www.wendyphillips.weebly.com wendyphillips@iammorrison.com

#### **PRIORITY FOCUS ISSUES**

Malnutrition
Productivity
Quality Improvement
Public Policy
Program Development
Order Writing Privileges for RDNs
ADHD Nutrition Management

# **WENDY PHILLIPS**

MS, RD, LD, CLE, NWCC, FAND

#### M.S. in Clinical Nutrition

July 2010

Rosalind Franklin University, School of Medicine and Science

**B.A. in Dietetics** Sigma Phi Mu, Graduate Honors Society Point Loma Nazarene University

May 1998

#### Morrison Healthcare Regional Vice President

Nov 2019 to present

Cleveland Clinic

Strategic planning and leadership for population health, wellness, and food services at Cleveland Clinic. Responsible for \$71M managed volume annually; 500+ FTEs.

#### Morrison Healthcare Division Director of Clinical Support

July 2015 to Nov 2019

Western Division

Direct program development, quality improvement, and regulatory compliance of clinical nutrition systems at hospitals, rehab and long term care facilities, and ambulatory nutrition programs throughout the U.S.

#### Morrison Healthcare Regional Clinical Nutrition Manager

February 2011 to July 2015

Mid-Atlantic Region

Provide regulatory guidance and resources for patient satisfaction and quality care for regional accounts.

### University of Virginia Health System, Director, Nutrition Systems

January 2011 to July 2015

Charlottesville, VA

Management of 48 clinical dietitians in ambulatory, dialysis, and inpatient care settings for neonatal, pediatrics, and adults; Quality improvement management with a multidisciplinary focus; Dietetic internship program oversight with 12 interns per year

#### Kern Medical Center, Clinical Nutrition Manager

April 2007 to January 2011

Bakersfield, CA

Management of clinical staff and programs, patient food services, and diet office staff; Co-chair, Provision of Care Committee; Founder/Chair of Nutrition Support Team and Founding Member, Wound Care Team

#### Kern Medical Center, Clinical Dietitian

May 2004 to January 2011

Bakersfield, CA

Medical nutrition therapy for neonatal and adult intensive care units; Nutrition assessment and education for Adult Day Healthcare Center; outpatient MNT for diabetes clinic; Manage enteral formulary inventory

#### **CAREER HIGHLIGHTS**

Served on several national committees for the Academy of Nutrition and Dietetics, including 2018-2019 Chair of the Consumer Protection and Licensure Subcommittee and 2022 – 2023 Vice Chair of the Nutrition Services Payment Committee (Chair year will be 2023 – 2024)

Served as Vice Chair and Chair of ASPEN's Malnutrition Committee 2021 -2025

Multiple leadership positions, including President, for 2 state affiliates of the Academy – Virginia and Utah

Designed and implemented retail wellness initiatives at the University of Virginia Health System; shared and implemented at regional accounts

Developed, implemented, and benchmarked RDN productivity nationally

Successful development for multiple ambulatory nutrition programs in several different states

Served as an interim Director of Support Services for 6 months at Kern Medical Center for Aramark, with responsibility for 5 lines of business: food service, environmental services, communications, transportation, and facilities management

Spoken at all 3 major national nutrition conferences: Public Policy Workshop, FNCE®, and ASPEN's Clinical Nutrition Week

#### **MEDIA APPEARANCES**

<u>House Call: What is Malnutrition</u> – WDTV 5, October 2020

<u>Nutrition for Champions</u> – guest expert on The Hampton Roads Show August 2014

Healthy Eats: Tips for Making Good Choices in the Hospital Cafeteria October 2013

NBC 29 News segment Morrison & UVAHS' partnership with the Local Food Hub
July 2012

#### Medtronics, Certified Insulin Pump Trainer

October 2007 to January 2011

Bakersfield, CA

Train patients on proper use of insulin pumps; work with physicians and community organizations to maximize insulin therapy

#### Shield Healthcare, Home Nutrition Support Dietitian

September 2007 to August 2008

Bakersfield, CA

In-home nutrition assessment and enteral pump training for patients receiving home nutrition support

#### Odyssey Hospice, Clinical Dietitian

October 2003 to December 2008

Bakersfield, CA

Weekly IDT care conference meetings; nutrition assessment and interventions for patients receiving hospice care; in-service training for hospice staff

#### HealthSouth Rehab Hospital, Consultant Dietitian

September 2003 to July 2009

Bakersfield, CA

Medical nutrition therapy for rehabilitation patients

#### Nutrition & Health Educators, Consultant Outpatient Dietitian

May 2003 to May 2005

Bakersfield, CA

Medical nutrition therapy for variety of disease states; Obesity MNT at Kern Family Health Care

#### Clinical Sierra Vista, Supervising Dietitian

July 1999 to May 2004

Bakersfield, CA

Client assessment and nutrition counseling of high risk WIC participants (infants, pregnant women, and children); lactation education and training; supervision of 2 WIC sites including staff; participant satisfaction and ensuring compliance to program requirements

#### Point Loma Nazarene University, Adjunct Faculty

May 2003 to May 2005

Bakersfield, CA

Adjunct professor for Nutrition Workshop for teacher credential

#### Catholic Healthcare West, Catering Associate and Dietetic Technician

September 1998 to December 2001

Bakersfield, CA

Provided meals to patients according to therapeutic diet orders; conducted trayline audits and provided in-services to staff; patient screening and referrals

### **Certifications**

Fellow of the Academy of Nutrition and Dietetics

Certified Nutrition Support Clinician

Registered Dietitian

Certified Lactation Educator

Nutrition Wound Care Certification

Since May 2014

Apr '06–July '21

Since Jan 2003

Since Aug 2000

Since Sept 2018

### **Memberships**

Academy of Nutrition and Dietetics	1998 to present
Clinical Nutrition Management DPG	2008 to present
Pediatric Nutrition DPG	2011 to present
Dietitians in Nutrition Support DPG	2007 to present
Sports, Cardiovascular, Wellness Nutrition DPG	2012 to 2017

# ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

#### **BOOK**

Phillips W. Nutrition Management for Children with Attention Deficit Hyperactivity Disorder. 2017. Available for purchase on Amazon and Kindle.

Phillips W. Ask the Expert: MMM Good! Eating Strategies for Picky Eaters. . ADDitude Magazine. Winter 2019.

Phillips W. Weight Management for Children with ADHD. Weight Management Matters. 2019;18(1):12-13.

Phillips W. Debunking nutrition therapy myths for ADHD. *Building Blocks for Life*. 2019;42(2):14-17.

Phillips W. Nutrition management of children with attention deficit hyperactivity disorder. *ICAN*. 2014;6:320-326. DOI: 10.1177/1941406414551202.

Tennessee Academy of Nutrition and Dietetics Annual Meeting Feb 2019 Speaker Session: Nutrition and ADHD: Fact vs Fad

California Academy of Nutrition and Dietetics Annual Meeting May 2018 Speaker Session: Nutrition and ADHD: Fact vs Fad

Today's Dietitian Continuing Education Series June 2017 Webinar: Nutrition Management for ADHD

Institute of Continuing Education for Nutrition Professional 2017 Online Learning Module: Nutrition and ADHD: Management Strategies

#### **BLOG AND SOCIAL MEDIA**

http://wendyphillips.weebly.com/nutritionf oradhd

Guest author for Morrison Healthcare blog. https://www.morrisonhealthcare.com/blog/engaging-children-with-adhd-in-the-kitchen/

Twitter: @Nutrition4ADHD

Facebook: Nutrition\_4\_ADHD

<u>Faster Than Normal: ADHD Podcast.</u> August 2017

Nutrition, Dietetic Educators and Practitioners	2011 to 2015
Ohio Academy of Nutrition and Dietetics	2021 to present
Greater Cleveland Academy of Nutrition and Di	etetics
Utah Academy of Nutrition and Dietetics	2015 to 2021
Virginia Academy of Nutrition and Dietetics	2011 to 2016
Blue Ridge Academy of Nutrition and Dietetics	2011 to 2016
American Society of Parenteral and Enteral Nutrition	2012 to present
National Honor Society Lifetime Member	

### **Professional Publications**

#### MALNUTRITION AND NUTRITION SCREENING

Phillips W, Janowski M. Standardizing malnutrition benchmarking programs to support effective quality improvement efforts. *J Acad Nutr Diet*. 2022; Article in Press. https://doi.org/10.1016/j.jand.2022.08.115.

Carvalho-Salemi J, Phillips W, Wong-Vega M, Swanson J, Becker P, Salemi J. Malnutrition among Hospitalized Children in the United States: A 2012-2019 Update of Annual Trends. *J Acad Nutr Diet*. 2022; Article in Press. https://doi.org/10.1016/j.jand.2022.05.021.

Arensberg MB, Saal-Ridpath K, Kerr K, Phillips W. Opportunities to improve quality outcomes: Integrating nutrition care into Medicare Advantage to address malnutrition and support social determinants of health. *Inquiry*. 2022;59:1-9.

Guenter P, Blackmer A, Malone A, Mirtallo J, Phillips W, Tyler R, Barrocas A, Resnick H, Anthony P, Abdelhadi R. Update on use of enteral and parenteral nutrition in hospitalized patients with a diagnosis of malnutrition in the U.S. *Nutr Clin Pract*. 2022;37(1):94-101. DOI: 10.1002/ncp.10827 Co-speaker on associated podcast with Jay Mirtallo. Podcast here.

Phillips W. Congressional action is needed for malnutrition and food insecurity treatment. *Future Dimensions*. Fall 2021; 40(4):3-8.

Phillips W, Becker PJ, Wong Vega M, Smith E, Konek S, Bailer J, Carvalho-Salemi J. Comprehensive application of the Malnutrition Quality Improvement Initiative (MQii) toolkit to pediatric malnutrition care. *J Acad Nutr Diet*. 2021;121(6):1021-1034. DOI: 10.1016/j.jand.2020.08.091.

Guenter P, Abdelhadi R, Anthony P, Blackmer A, Malone A, Mirtallo J, Phillips W, Resnick HE. Malnutrition diagnoses and associated outcomes in hospitalized patients: United States, 2018. *Nutr Clin Pract*. 2021;36(5).957-969. https://doi.org/10.1002/ncp.10771.

Expert reviewer: Nutrition and Diagnosis-Related Care, 9<sup>th</sup> edition.

Malnutrition: Overnutrition and Undernutrition

Wray J, Phillips W. Making the case for implementing a comprehensive malnutrition program and improving RDN staffing in an acute care hospital. *Future Dimensions*. Winter 2021. 40(1):19-24.

Phillips W. Malnutrition in hospitalized older adults. *Today's Dietitian*. 2020;22(4):22-24.

Doley J, Phillips W. Coding for malnutrition in the hospital: Does it change reimbursement? *Nutr Clin Pract*. 2019;34(6)823-831. DOI: 10.1002/ncp.10426.

Phillips W, Janowski M, Brennan H, Leger-LeBlanc G. Nutrition focused physical-exam improves accuracy of malnutrition diagnosis. *J Acad Nutr Diet*. 2019;119(9, Suppl 2):S68.

#### **PROFESSIONAL AWARDS**

### ACADEMY OF NUTRITION AND DIETETICS

Medallion Award

2022

Grassroots Advocacy Award 2019 Nutrition and Dietetics Advocacy Summit

Excellence in Practice – Management Practice Award 2019

Process Improvement Sub-Unit Clinical Nutrition Management DPG People's Choice Award 2016 – 2017 The Braden Scale: Ineffective Tool for

Identifying Nutrition Risk

Top 10 Project Honoree 2015 - 2016 Reducing Missed Opportunities for Hospital Revenue and Impacts on the CMI through a Malnutrition Coding Initiative

# VIRGINIA ACADEMY OF NUTRITION AND DIETETICS

Outstanding Dietitian of the Year 2016

# COMPASS GROUP/MORRISON HEALTHCARE

Compass One in the Community national account award 2021

Regional Vice President of the Year 2020 <a href="https://www.clhawards.com/wendy-phillips">https://www.clhawards.com/wendy-phillips</a>

Regional Vice President of the Year Runner-Up 2021

Compass Group Be A Star Nominee 2016

Regional CNM of the Year 2012

#### **ARAMARK HEALTHCARE**

Outstanding Dietitian 2008

#### **NATIONAL AWARDS**

Today's Dietitian 10 RDNs Making a Difference 2015

Abbott Nutrition Alliance Award 2014

Phillips W, Doley J, Boi K. Malnutrition definitions in clinical practice: To be E43 or not to be? *Health Info Mgmt J.* 2019;49(1):74-79. DOI: 10.1177/1833358319852304.

Doley J, Phillips W, Talaber J, LeBlanc G. Early Implementation of Malnutrition Clinical Quality Metrics to Identify Institutional Performance Improvement Needs. *JAND*. 2019;119(4)547-552.

DOI: https://doi.org/10.1016/j.jand.2018.02.020.

Janowski M, Phillips W, Quatrara B. High Quality Malnutrition Care Strategies in Acute Care Hospitals. *The Spectrum*. Special Edition, 2018;5-10.

Phillips W. Identifying and Documenting Malnutrition in Inpatient Rehabilitation Facilities. *JAND*. 2019; 199(1);13-16. http://jandonline.org/article/\$2212-2672(17)31403-X/fulltext

Doley J, Phillips W. Accurate coding impacts the geometric length of stay for malnourished inpatients. *JAND*. 2019; 119(2):193-197. <a href="https://doi.org/10.1016/j.jand.2017.10.023">https://doi.org/10.1016/j.jand.2017.10.023</a>.

Phillips W, Whiddon C, Wehausen D. A step-by-step guide to implementing a malnutrition coding program for adult inpatients. *Support Line*. 2017;39:2-9.

Phillips W, Doley J. Nutrition Screening in the Acute Care Setting: How to Choose the Right Tool. *Future Dimensions*. 2017;36:2-9. Winter 2017.

Phillips W, Hershey M, Willcutts K, Dietzler-Otte J. The effectiveness of the Braden Scale as a tool for identifying nutrition risk. *JAND*. 2018;118:385-387.

Phillips W, Browning M. A clinician's guide to defining, identifying, and documenting malnutrition in hospitalized patients. *Practical Gastroenterology*. 2017; 169:19-22, 26-33.

Phillips W, Zechariah S. Minimizing false-positive nutrition referrals generated from the malnutrition screening tool. *JAND*. 2017;117:665-669. DOI: http://dx.doi.org/10.1016/j.jand.2016.05.014.

Phillips W. Accurate documentation of malnutrition diagnosis reflects increased healthcare resource utilization. *Nutr Clin Pract.* 2015;30(5):604-608. DOI: 10.1177/0884533615589372. Associated Podcast:

http://journals.sagepub.com/page/ncp/podcasts/index

Phillips W. Coding for malnutrition in the adult patient: What the physician needs to know. *Practical Gastroenterology.* 2014;39:52-60.

Phillips W, Quatrara B. Feed the patient – A barrier removed. *MedSurg Matters*. 2014;23:14.

Phillips W, Glassman K. Defining Malnutrition: Keeping it simple yet consistent. Future Dimensions in Clinical Nutrition Management. Winter 2013; 32:9-12.

#### **ORDER WRITING PRIVILEGES**

Peterson S, Dobak S, Phillips W, Malone A, Ireton-Jones C, Haney A, Rybicki M. Guenter P. Parenteral and Enteral Nutrition Ordering Survey – A Collaborative Practice Evaluation Between Dietitians in Nutrition Support (DNS) and the American Society for Parenteral and Enteral Nutrition (ASPEN). Nutr Clin Pract. 2020 and J Acad Nutr Diet. 2020; https://doi.org/10.1002/ncp.10467.

#### **PROFESSIONAL BLOG POSTS**

# UTAH ACADEMY OF NUTRITION AND DIETETICS

Preventing and Treating Malnutrition in Older Adults May 2020

https://www.eatrightutah.org/blog/2020/0 5/25/preventing-and-treating-malnutritionin-older-adults/

Make Your Mark in Caring for Older Adults!

May 2020

https://www.eatrightutah.org/blog/2020/0 5/19/make-your-mark-in-caring-for-olderadults/

# VIRGINIA ACADEMY OF NUTRITION AND DIETETICS

FDA Announces Changes to the Nutrition Facts Label May 2016

http://eatrightvirginia.org/wendyphillips/fda-announces-changes-to-thenutrition-facts-label/

Making Food Dollars Stretch: A Family Affair April 2016

http://eatrightvirginia.org/wendyphillips/making-food-dollars-stretch-afamily-affair/

Nutrition Strategies for Children with ADHD – Parts 1 and 2 Jan 2016

http://eatrightvirginia.org/wendyphillips/nutritional-children-adhd-part-1/

http://eatrightvirginia.org/wendyphillips/nutrition-children-adhd-part-2/

Breastfeeding in Winter Dec 2015 <a href="http://eatrightvirginia.org/wendy-phillips/breastfeeding-winter/">http://eatrightvirginia.org/wendy-phillips/breastfeeding-winter/</a>

#### **SOUTHEAST DAIRY ASSOCIATION**

Step then Bite into a Healthy Lifestyle --SUDIA blog. March 2015 http://www.southeastdairy.org/blog/stepbite-healthy-lifestyle/ Phillips W, Doley J. Granting order writing privileges to RDNs can decrease costs in acute care hospitals. *J Acad Nutr Diet*. 2017;117(6):840-847. DOI: https://doi.org/10.1016/j.jand.2016.06.009.

Phillips W. Are your RDNs competent to write orders? Assessing practice based competency. *Future Dimensions*. 2017;36(4):11-15.

Phillips W. Timeline of events leading to allowance of RDN order writing privileges by CMS. *Future Dimensions*. 2016;35:10-12.

Phillips W, Wagner E, Reiner J, LeBlanc G. Implementation of order writing privileges in acute care hospitals. *Future Dimensions*. 2015;34:3-9.

#### **NUTRITION SUPPORT**

Phillips W, Henehan M. Delivering the Right Formula to the Right Baby at the Right Time. J Acad Nutr Diet. 2019;119(8):1252-1260.

Phillips W, Walker J. When a registered dietitian becomes the patient: Translating the science of the low FODMAP diet to daily living. *Practical Gastroenterology*. May 2018;175:20-30.

Doley J, Phillips W. (2017). Overview of Enteral Nutrition. In Mueller CM, Lord LM, Marian M, McClave SA, Miller SJ (Eds). The ASPEN Adult Nutrition Support Core Curriculum, 3rd edition. (ch. 10). ASPEN.

Foster M, Phillips W, Parrish C. Transition to ready to hang enteral feeding system: One institution's experience. *Practical Gastroenterology*. 2015;147:28-38.

Atkins A, Phillips W. Delivery of enteral nutrition improved after transition to closed enteral feeding system. *Nursing Matters*. 2015; 24:14-15.

Braidy H, Ziccardi VB, Phillips W, Willcutts, K. (2014). Oral surgery, diet, and nutrition. In Touger-Decker, Mobley, and Epstein (Eds). *Nutrition and Oral Medicine* (pp. 333-350). Humana Press.

Phillips W, Roman B, Glassman K. Economic Impact of Switching From an Open to a Closed Enteral Nutrition Feeding System in an Acute Care Setting. *Nutr Clin Pract.* 2013;28:510-514.

Pakula A, Phillips W, Skinner R. A case of a traumatic chyle leak following an acute thoracic spine injury: successful resolution with strict dietary manipulation. *World Journal of Emergency Surgery*. 2011;6:10-14.

#### **PUBLIC POLICY**

Policy and Advocacy Certificate of Training from the Academy of Nutrition and Dietetics.

Author of Module 3: Effective Grassroots Advocacy; co-authored with Lisa Eaton Wright, MS, RD, LD

Phillips W, Lucas C. Food service strategies to navigate a pandemic storm. *Future Dimensions*. Summer 2020 Special Edition;2-8.

Phillips W, Tuma PA. Consumer protection through professional regulation. J Acad Nutr Diet. 2019;119(9):1561-1563.

Phillips W. Nutrition public policy for the 21st century. Support Line. 2018;40(5):2-7.

#### PROFESSIONAL BLOG POSTS

#### **COMPASS GROUP**

School Children Need Food During
Summer Vacation: Here's How Morrison
Will Help May 2021
https://www.morrisonhealthcare.com/blo
g/school-children-need-food-duringsummer-vacation-heres-how-morrison-will-help/

Why You Should Start a Career in Healthcare Oct 2018 http://www.morrisonhealthcare.com/blog

/why-you-should-start-a-career-in-healthcare/

Healthcare's New Buzzword March 2017 <a href="http://www.morrisonhealthcare.com/blog/healthcares-new-buzzword/">http://www.morrisonhealthcare.com/blog/healthcares-new-buzzword/</a>

How to Engage Children with ADHD in the Kitchen March 2017 <a href="http://www.morrisonhealthcare.com/blog/engaging-children-with-adhd-in-the-kitchen/">http://www.morrisonhealthcare.com/blog/engaging-children-with-adhd-in-the-kitchen/</a>

#### **UVA HEALTH BLOG**

Available at <a href="https://www.uvahealth.com">www.uvahealth.com</a> 2011-2012

From Food Pyramid to Plate: Reshaping the Way We Look at Our Food

The Local Plate: Reshaping the Way We Look at Our Food, Part II

Ditch the Pills: Getting Vitamins From Your Food (Plus Some Healthy Snack Ideas!)

Cafeteria Farm Stands Bring Local Produce to UVA Employees

UVA Medical Center and Local Food Hub Celebrate Earth Week with Local Farm Fresh Produce Doley J, Phillips W. Getting published: Tips for the nutrition professional. *Future Dimensions*. Spring 2018;37(2):3-10.

Phillips W. Public Policy in Action: Protecting the public and the scope of practice of Academy members. *The Educator's Resource*. 2017;73:15-17.

Phillips W, Hasemann A. If nutrition is your profession, then public policy is...your future? *NDEP-Line*. Winter 2014: 15-17.

Phillips W, Doley J. Alphabet Soup: Nutrition Diagnoses Using ICD-10. Future Dimensions in Clinical Nutrition Management. Spring 2014;23(2):8-12.

Phillips W, Perks P, Waters G. Drug shortages in the U.S. – What can a dietitian do? Future Dimensions in Clinical Nutrition Management. Summer 2013;23:3-7.

#### PRODUCTIVITY AND QUALITY IMPROVEMENT

Phillips W. Using Food Service Productivity Analyses to Address Staffing Shortages. Future Dimensions. Spring 2022;41(2):10-14.

Phillips W, Janowski M, Brennan H, Leger G. Analyzing registered dietitian nutritionist productivity benchmarks for acute care hospitals. *J Acad Nutr Diet*. 2019;119(12):1985-1991.

DOI: https://doi.org/10.1016/j.jand.2019.04.026.

Phillips W, Janowski M. Poster Abstract: RDN productivity benchmarks in long term care settings. *JAND*. 2017;117:(S)A-47.

Phillips W, Willcutts K. Collecting data to support clinical nutrition staffing. Support Line. 2016;38:13-17.

Phillips W. Clinical nutrition staffing benchmarks for acute care hospitals. *JAND*. 2015;115(7):1054-1056.

http://dx.doi.org/10.1016/j.jand.2015.03.020.

Phillips W. The value of benchmarking. *Today's Dietitian*. 2015;17(2):44-49.

Phillips W, Moore C, Batt K. Providing Outpatient Nutrition Services Using an Activity Based Costing Method. *Future Dimensions*. 2014;33:2-7.

#### MENTORING AND LEADERSHIP

Phillips W, Randall G. New Press Ganey® Targeted Survey: Implications and Strategies for Food and Nutrition Departments. *Future Dimensions*. Summer 2020;23-24.

Doley J, Phillips W. An Introductory Survival Guide for Clinical Nutrition Managers. *Future Dimensions*. Summer 2020;3-15.

Phillips W, Bacon C. Clinical nutrition leadership at every career stage. Support Line. 2018;40(4):4-9.

Doley J, Phillips W. Getting published: Tips for the nutrition professional. *Future Dimensions*. Spring 2018;37(2):3-10.

Phillips W, Webb J. Positioning dietetic interns and students for success in the job market. *NDEP-Line*. Summer/Fall 2012

Phillips W, Webb J. Getting the job and keeping it: Making a difference in your organization. Future Dimensions in Clinical Nutrition Management. 2012;36:6-8.

# PROFESSIONAL LEADERSHIP HIGHLIGHTS

Established the Utah Malnutrition Advocacy Taskforce, a multi-agency, interdisciplinary workgroup to raise awareness of prevention and treatment resources for malnutrition in the state.

Developed Dietitian Legislative Ambassador program in Utah to increase public policy engagement and opportunities for UAND members.

Testified in front of the Virginia House of Delegates in support of licensure for RDNs in Virginia.

Collaborated with the Virginia Hospital and Healthcare Association, the Medical Society of Virginia, and the Virginia Department of Health to propose and pass state legislation to enhance RDN scope of practice through order writing privileges in Virginia.

Collaborated with the Utah Medical Association and the Utah Department of Health to propose and pass state legislation to enhance RDN scope of practice through order writing privileges in Utah.

Provided expert testimony and analysis for the Virginia Excellence in Public Health Law Campaign with a multi-agency state level workgroup, led by the Virginia Department of Health.

Helped craft the sponsorship policies and process of the Academy through the Sponsorship Advisory Taskforce.

Active participant for ASPEN's Adult Malnutrition Committee and PNPG's Pediatric Malnutrition Committee.

Partnered with other expert RDNs to develop the research protocol for the Malnutrition Clinical Characteristics and Staffing Optimization Study of 2018-2020. Advisory Board Member for the Academy/ASPEN Indicators for Malnutrition Validation Research Study.

Enhanced the social media and communications plan for the CNM and DNS DPGs.

Member of the Academy's Quality Leader Alliance, a cohort of individuals who perform an exceptional level of quality management activities in their practice Phillips W, Webb J. Patient satisfaction from a clinical perspective. Future Dimensions in Clinical Nutrition Management. 2011;34:7-8.

### **Professional Presentations**

#### MALNUTRITION AND NUTRITION SCREENING

Virtual Roundtable: Advancing Health Equity Through Malnutrition Quality Measurement March 2022

Academy of Nutrition and Dietetics, Avalere Health, National Minority Quality Forum

Applying the Malnutrition Quality Improvement Initiative to New Populations and Settings May 2021

MQii Learning Collaborative Coffee Break

Malnutrition, Food Insecurity, and Chronic Disease Nov 2020

Podcast Speaker for Yumlish

Rise Up! The Power of State Advocacy for Malnutrition August 2020 Webinar Speaker: Academy of Nutrition and Dietetics

Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii) Moderator: Academy of Nutrition and Dietetics FNCE® Oct 2019

Malnutrition Success Stories – Adults and Pediatrics
Speaker: Dietitians in Nutrition Support/Pediatric Nutrition Practice
Group Symposium

June 2019

Malnutrition Documentation throughout Care Continuum Improves
Payment and Quality Outcomes
Webinar Speaker: Today's Dietitian
May 2019

Quality Improvement Powered by Malnutrition Benchmarking
Speaker: Virginia Academy of Nutrition and Dietetics April 2019

Academy of Nutrition and Dietetics Professional Development Series Webinar: Malnutrition Care Beyond Hospital Walls Dec 2018

American Health Information Management Association (AHIMA)
Sept 2018

Speaker: To Be E43 or Not To Be E43: Defining Malnutrition to Decrease Coding Risk

Academy of Nutrition and Dietetics FNCE® Oct 2018
Speaker: Dietitians Leading Innovation: Using Data for Quality
Improvement and Patient Focused Transitions of Care

Morrison Healthcare/Compass Group 2018

Practical Analysis of a Malnutrition Coding Program

Module 1: Hospital Inpatient Prospective Payment System

Module 2: Data Analysis

Module 3: Malnutrition Quality Assessment/Performance Improvement

Module 4: Reducing Missed Opportunities for Malnutrition Coding Module 5: Malnutrition Quality Metrics and Outcome Tracking

American Society for Parenteral and Enteral Nutrition 2018 Conference Speaker Session: Addressing Malnutrition in the Acute Care Setting: Innovative Practices

Morrison Healthcare Symposium: Nutrition through the Continuum of Care

Academy of Nutrition and Dietetics FNCE 2016
Poster session: Accuracy of Malnutrition Documentation in the
Hospitalized Adult: A Retrospective Analysis with Jacqueline Suarez
and Kate Willcutts

May 2017 Speaker Session: Nutrition Planning for Transition of Care

University of Virginia Nutrition Support Webinar Series September 2015 Webinar: Practical Implementation of a Malnutrition Coding System

Virginia - American Society of Parenteral and Enteral Nutrition (VASPEN) 2014 Speaker Session: Unraveling the Mystery of Malnutrition Documentation and Coding

Academy of Nutrition and Dietetics FNCE 2014

Poster session: Minimizing Inappropriate Referrals from Malnutrition Screening Tool – Is It Feasible? With Sunitha Zechariah

Academy of Medical Surgical Nurses Conference 2014
Speaker Session: The Magic of Nutrition: Collaborative Strategies to Improve Outcomes

University of Virginia PNSO Evidenced Based Practice Research Day 2014 Speaker Session: Tackling Malnutrition with Teamwork

Virginia Academy of Nutrition and Dietetics Spring Conference 2014 Poster Presentation: The effect of malnutrition on readmission rates

University of Virginia PNSO Evidenced Based Practice Research Day 2013 Session Speaker: NutritionDay in the U.S. -- Malnutrition Prevalence Study at UVAHS

Academy of Nutrition and Dietetics FNCE 2013

Poster Presentation Malnutrition Prevalence Study Utilizing nutritionDay in the U.S.

Morrison Healthcare Clinical Symposium May 2012 Session Speaker: Joint Commission Core Measures

March of Dimes 2002

Series Presenter: Comenzando Bien Training Series

#### **ORDER WRITING PRIVILEGES**

Alabama Dietetic Association March 2021

Conference Speaker: Order Writing Privileges for RDNs in Alabama

Dietitians in Nutrition Support Podcast Series Dec 2020 Strategies to Obtain Order Writing Privileges

Nevada Academy of Nutrition and Dietetics Nov 2019 Symposium speaker: Dietitian Order Writing Privileges Workshop

Academy of Nutrition and Dietetics FNCE® Oct 2018

Moderator: Who's Writing Nutrition Support Orders – And How Can
RDNs Do More?

Southeast Wisconsin Academy of Nutrition and Dietetics January 2017 Webinar: Order Writing for RDNs in Wisconsin

Academy of Nutrition and Dietetics Public Policy Open Forum Jan 2017 Webinar: On to the States! Enabling RDNs to Order Therapeutic Diets in Long Term Care Settings

Clinical Nutrition Management DPG Annual Symposium April 2016

# PROFESSIONAL COURSES WRITTEN FOR NUTRITION DIMENSIONS

Decision-Making in the Healthcare
Setting June 2019
<a href="https://www.continuingeducation.com/course/rd32/decision-making-in-the-healthcare-setting/">https://www.continuingeducation.com/course/rd32/decision-making-in-the-healthcare-setting/</a>

The Right Guide for Parenteral Nutrition for Adults and Children May 2019 <a href="https://www.continuingeducation.com/course/ja0008057-0000-19-111-h07-p/the-right-nursing-guide-for-parenteral-nutrition-for-adults-and-children/">https://www.continuingeducation.com/course/ja0008057-0000-19-111-h07-p/the-right-nursing-guide-for-parenteral-nutrition-for-adults-and-children/</a>

#### Personnel Development

https://www.continuingeducation.com/ course/rd119/personnel-development/

#### Raising a Relaxed Eater

https://www.continuingeducation.com/course/rd206/raising-a-relaxed-eater/

Speaker Session: Clinical Competency Verification for RDs with Order Writing Privileges

Virginia Academy of Nutrition and Dietetics Annual Meeting April 2015 Speaker Session: Order Writing Privileges for RDs in Virginia

Academy of Nutrition and Dietetics

2014 Webinar: Therapeutic Diet Order Implementation: Next Steps for Our Affiliates

#### **NUTRITION SUPPORT**

Morrison Healthcare GI-Focused Clinical Symposium March 2019 Speaker Session: Practical Implementation of the FODMAP Restricted Diet

Academy of Nutrition and Dietetics FNCE® Oct 2018
Poster session: LEAN Management of an Infant Feeding Center
Improves Patient Safety and Decreases Costs

Virginia Hospital and Healthcare Association Patient Safety Summit 2016 Poster session: Implementation of Ready to Hang Enteral Feeding: A Follow-up Survey

Virginia Academy of Nutrition and Dietetics Spring Conference 2014 Poster Presentation: Evaluation of a closed enteral formulary in an acute care setting

Academy of Nutrition & Dietetics FNCE 2012
Poster Presentation: Cost Benefit Analysis of an Enteral Feeding System

Virginia Dietetic Association Annual Conference 2012 Poster Presentation: Evaluating Enteral Formularies

Kern County Research Forum 2011

Poster Presentation Accuracy of Predictive Equations for Estimating Resting Metabolic Rate When Compared to Indirect Calorimetry

American Dietetic Association FNCE 2010
Poster Presentation titled Cumulative Energy Balance in
Mechanically Ventilated Patients in the Intensive Care Unit

Kern County Research Forum 2010
Poster Presentation titled Cumulative Energy Balance in
Mechanically Ventilated Patients in the Intensive Care Unit

American Dietetic Association FNCE 2008
Poster Presentation titled Nutrition Support Teams

California State WIC Conference
Presenter: Therapeutic Formulas for Infants

#### **PUBLIC POLICY**

Academy of Nutrition and Dietetics FNCE® Oct 2022
Speaker: The Future Dietitian: Clinical Skills to Expand the Breadth of

Practice

Speaker: The Secret Sauce for Staying Competitive and Getting Paid

Utah Academy of Nutrition and Dietetics

Webinar Speaker: Incident Reporting Tool: A Guide for Members

June 2020

Building Relationships with Legislators and Policy Makers

# PROFESSIONAL DEVELOPMENT COURSES

Compass Group – Leadership Accelerator Spring/Summer 2019

Academy of Nutrition and Dietetics Certificate of Training: Advancing Your Role as Leader September 2018

Skin and Wound Management – Wound Care Education Institute September 2018

SpeakEasy: Talk So People Listen
December 2016

SpeakEasy: Plan Presentations That Work August 2015

Academy of Nutrition Dietetics – Certificate of Training: Developing Your Role as a Leader October 2013

Compass Group – Meridian Project Readiness

August 2013

Career development program designed to enhance leadership skills and opportunitigrasses for future growth within Compass Group.

Compass Group -- Mapping for Action May 2013

MAP focuses Compass managers on the key profit drivers of their business and improves operational and financial performance

Compass Group – Profit Improvement Method

January 2013

An interactive program that focuses on the action planning process to improve profitability in a unit or account/hospital

Harvard Manage Mentor -- Established Manager Path

November 2012 Online training course focusing on professional and personal leadership development skills

Oz Accountability Principles
August 2011
Course that teaches accountability in the achievement of business results and the improvement of both individual and organizational performance

Speaker: Nutrition and Dietetics Advocacy Summit July 2019

Utah Academy of Nutrition and Dietetics Annual Meeting
Speaker: Licensure Townhall April 2019

Morrison Healthcare Dietetic Internship Program
Webinar Speaker: RDN Licensure and Scope of Practice
April 2019

7 (511) 2017

Chicago Area Dietetic Students in Supervised Practice Seminar Speaker: Licensure for Dietitians: What You Need to Know

November 2018

Academy of Nutrition and Dietetics

FNCE 2018 invited session Protecting the Public and Enhancing Care: Resources for Licensure Challenges and Opportunities in 2018

May 2018 Webinar: Policy Initiatives and Advocacy Orientation: Consumer Protection Coordinator

Dec 2016 Webinar: Building Connections with State

2014 Webinar: Licensure Open Forum: Collaborate in 2014 for Success in Your State Legislators

Oklahoma - American Society for Parenteral and Enteral Nutrition 2017 Speaker Session: Nutrition-Related Public Policy: What's in it for the Nutrition Support Practitioner?

Association of State and Territorial Health Organizations 2017 National Webinar: Sodium and Sugar Reduction

Intermountain Healthcare 18<sup>th</sup> Annual Nutrition Update 2016 Speaker Session: *Nutrition-related Public Policy in Utah* 

Clinical Nutrition Management DPG Annual Symposium 2016 and 2017 Speaker Session: Public Policy Focus for Clinical Nutrition Managers

Southern Nevada Dietetic Association Fall 2016 Speaker Session: Nutrition-Related Public Policy: What's In It for You?

Academy of Nutrition and Dietetics' Public Policy Workshop 2015 Speaker Session: Advocacy 101

Virginia Academy of Nutrition and Dietetics 2015 Webinar: Legislative Process in Virginia

Academy of Nutrition and Dietetics 2014 Affiliate President-Elect Training Best Practice Presentation: Enhancing the visibility of the RDN in state public policy

Virginia Dietetic Association Annual Conference 2013
Poster Presentation Implementation of a Nutrition Education Tool for Spanish Speaking Patients
Panel Speaker for Public Policy Session

Virginia Neonatal Nutrition Association Fall Meeting 2012 Session Speaker: Licensure for RDs in Virginia

#### MENTORING AND LEADERSHIP

Touchpoint Support Services

Jan 2021
The Future of RDN Career Development in Healthcare

Utah State University Jan 2019, Jan 2020, Jan 2021 Speaker: Clinical Nutrition Leadership at Every Career Stage Academy of Nutrition and Dietetics Mar 2020 Storytellers Webinar Series: Climbing the Clinical Ladder: A Conversation with an Influential Leader

Academy of Nutrition and Dietetics FNCE® Oct 2019 Speaker: Inspiring Leadership and Influencing Change at Every Career Stage

Rush University
Nov 2018
Speaker: Clinical Nutrition Leadership at Every Career Stage

Nevada Dietetic Association Annual Conference 2017 Speaker Session: Measuring Patient Outcomes in Various Care Settings

Clinical Nutrition Management DPG Annual Symposium 2017 Speaker Session: Management Strategies I Learned from my Kids

PNSO Nursing Research Conference, University of Virginia 2015
Speaker/Poster Session: Collaborative Efforts to Improve Nutritional
Processes. Co-presenters: Rahma Rekik, Beth Quatrara, Kate Willcutts
Virginia Dietetic Association Annual Conference 2012
Student Dinner Speaker: Interviewing and Salary Negotiations

#### **NUTRITION WOUND CARE**

Taking the Pressure Off Wound Healing Webinar: Morrison Healthcare

Webinar: Morrison Healthcare Nov 2019

Development of a Nutrition Therapy Protocol for Wound Prevention and Treatment

Speaker: Idaho Pressure Ulcer Prevention Council Nov 2019

Does the Braden Scale Accurately Predict Malnutrition Risk?

Speaker: Utah Academy of Nutrition and Dietetics April 2019
Speaker: Florida Academy of Nutrition and Dietetics July 2019

### **Professional Service Activities - National**

Pediatric Nutrition Care Manual (PNCM)®

Board of Editors June 2019 to present

https://www.nutritioncaremanual.org/PNCM\_BOE

American Society for Parenteral and Enteral Nutrition (ASPEN)

Chair, Malnutrition Committee
Vice Chair, Malnutrition Committee
Member, Malnutrition Committee
Publications Review Committee

June 2022 to May 2024

June 2020 to May 2022

June 2018 to present

June 2018 to May 2019

Academy of Nutrition and Dietetics Nutrition Services Payment Committee

Member June 2021 to present Vice Chair/Chair June 2022 to May 2024

Academy of Nutrition and Dietetics Nutrition Security Affinity Group

Member March 2021 to present

Academy of Nutrition and Dietetics Quality Leader Alliance

Member June 2019 to May 2021

Academy of Nutrition and Dietetics Future Education Model and Licensure Implications Taskforce

Member Summer 2019

# Academy of Nutrition and Dietetics Consumer Protection and Licensure Subcommittee

Chair Jan 2018 to May 2019 Vice Chair Jan 2017 to Dec 2017 Member Jan 2015 to May 2019

#### Academy of Nutrition and Dietetics Sponsorship Advisory Taskforce

May 2015 to Jan 2016

#### Clinical Nutrition Management DPG

Assistant Editor, Future Dimensions
Chair-Elect/Chair/Past Chair
Policy Advocacy Leader
Nominating Committee Chair

May 2020 to present
June 2018 to May 2021
Mar 2016 to May 2018
June 2014 to May 2016

#### CNM/DPBRN Staffing Study Part 2 Planning Workgroup

Feb 2016 to Dec 2016

Nutrition Research Network Advisory Group: Malnutrition Clinical Characteristics (MCC) Validation and Staffing Optimization Study

March 2018 to present

#### Dietitians in Nutrition Support DPG

Director of Communications/Marketing Nov 2017 to May 2019

Advanced Practice Residency Faculty & Advisory Board
March 2018 to 2022

Reimbursement Representative June 2016 to Jan 2018

#### Pediatric Nutrition DPG

Associate Editor, Building Blocks for Life Aug 2018 to 2021
Member, Malnutrition Committee Jan 2019 to present

Item Writer for eatrightPREPWinter 2021Item Writing Workshop for the RD examSpring 2017Item Writing Workshop for the RD exam – ReviewerWinter 2018

### **Professional Service Activities - State**

#### Greater Cleveland Academy of Nutrition and Dietetics

Newsletter Editor June 2021 to present

#### Utah Academy of Nutrition and Dietetics

Chair, Utah Malnutrition Advocacy Taskforce

Feb 2020 to 2021

Public Policy Coordinator June 2018 to May 2020 State Policy Representative June 2016 to May 2018

Annual Meeting Planning Committee 2017, 2018, 2019

#### Virginia Academy of Nutrition and Dietetics

Professional Education Chair Mar 2015 to May 2016

Past President/Nominating Committee Chair

President June 2015 to May 2016
President June 2014 to May 2015
President-Elect June 2013 to May 2014
Advisory Board - Public Policy Division March 2012 to Jun 2015

#### Blue Ridge Academy of Nutrition and Dietetics

Constituent Liaison, Public Policy Panel Fall 2011 to May 2015 Newsletter Editor Fall 2013 to May 2015

#### Albemarle County Schools Mar 2011 to June 2015

National Nutrition Month presentations for elementary and middle school students

School Health Advisory Board member Jan 2014 to June 2015

### **Professional Service Activities - Community**

Cuyahoga Community College (Tri-C) – Hospitality Management Center Advisory Board

Aug 2022 to present
Univ North FL and Texas A & M – RD Mentorship Program 2020-2021

Mentor graduate student in MS/DI – mentoring project includes Nutrition for ADHD blog and social media management

Utah State University – Dietetic Internship Advisory Board 2019-2021

Professional Advisory Board - Odyssey Hospice 2009

Diabetes Coalition of California April 2008 to Dec 2010

Guidelines Committee Member

GET FIT Bakersfield Jan to June 2004 Consultant for the Bakersfield Californian Newspaper community wellness program

Mercy Learning Center Fall 2001

Instructor: Homemaker Care Program